

# SEGOAGOE

Magazine For The Royal Bafokeng Nation

...a e wele metsing.

April 2013

e-mail: [info@bafokeng.com](mailto:info@bafokeng.com)

[www.bafokeng.com](http://www.bafokeng.com)

## Melaoya Sefokeng e a somarelwa



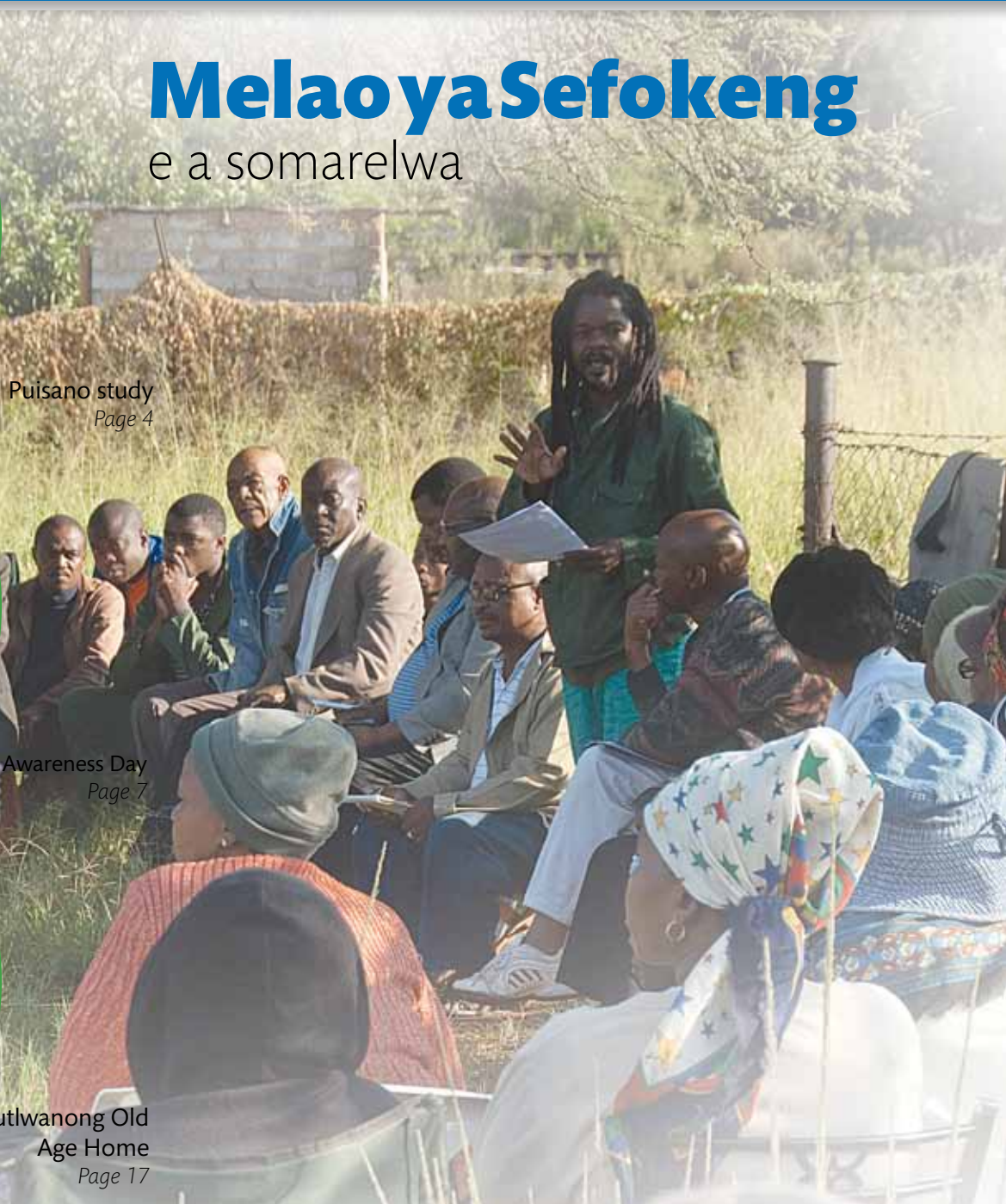
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### Vision Statement

Plan35 - A relevant and innovative traditional African community in a changing world

### Mission Statement

We the Bafokeng, Kgosi, Supreme Council and Makgotla, together with those who share our vision and values, will create an enabling environment for the prosperity of current and future generations by developing the people, the economy, and the land. Our strategy for excellence is realised through zero tolerance for corruption and through courageous, innovative leadership rooted In Bafokeng values.

## Royal Bafokeng Nation

### Contacts



#### Corporate Governance & Legal Services

(014) 566 -1213

#### Finance

(014) 566-1470

#### Health & Social Development

(014) 566-1235

#### Human Resources

(014) 566-1253

#### Office of Kgosi

(014) 566-7000

#### Chief Operating Officer

(014) 566-1375

#### Knowledge and Research

(014) 566-1484

#### Royal Bafokeng Enterprise Development

(014) 566-1600

#### Royal Bafokeng Holdings

(011) 530-8000

#### Royal Bafokeng Institute

(014) 566-1400

#### Royal Bafokeng Sports

(014) 566-0000/(014) 573-4700

#### Organisational performance & Project Management

(014) 566-1330

#### Security

(014) 566-1301/2

#### Traditional affairs

(014) 566-1210

#### EMRS

(014) 566-1331/1361/7017

#### Royal Bafokeng Sports Development Office

(014) 566-0000/1

#### Platinum Stars Office

(014) 566-4700

#### Club House

(014) 566-0000

Royal Bafokeng Nation  
Bafokeng Civic Centre  
Direpotsane Street, Phokeng, 0335

Tel: (014) 566-1200

E-mail: [segoagoe@bafokeng.com](mailto:segoagoe@bafokeng.com)

P.O Box 1, Phokeng, 0335

South Africa

## A LENTSWE LA GAGO LE UTLWALE!

Lekwalo dikgang la gago; Segoagoe le go laletsa go romela dikakanyo le ditshwaelo dingwe le dingwe tse o ka tswang o na le tsona go [segoagoe@bafokeng.com](mailto:segoagoe@bafokeng.com), kgotsa wa di tlisa ka namana kwa Bafokeng Civic Centre.

Ditshwaelo di letleletswe go fitlha labothano wa bobedi wa kgwedi ngwe le ngwe. Mokwadi o rotloediwa go kwala bokana ka mafoko a le 400, e seng go feta.

Ditshwaelo ka puo ya Setswana le ya Sekgoa di amogelesegile. O gakololwa go akaretsa leina la gago, dinomoro tsa mogala, le lefelo la bonno mo lekwalong la gago.

ELA TLHOKO: Botsamaisi bo nale thata ya go tlopha makwalo a a siametseng go phasaladiwa.

## MAKE YOUR VOICE HEARD-SHARE YOUR VIEWS!

Segoagoe invites members of the community to forward their suggestions, comments and views about any issue that matters to them, to [segoagoe@bafokeng.com](mailto:segoagoe@bafokeng.com) or they can be hand delivered to Bafokeng Civic Center, every second Tuesday of the month.

Letters should not exceed 400 words and may be written in Setswana or English. Every letter should bear the name, telephone numbers and area of residence of the writer.

NB: The editorial team reserves the right to determine the appropriateness of articles submitted for publication.

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### The Team

Editor: Minah Huma

Contributors: Lekgetho Matlhaga, Patience Sikwane, Tshino Mavhusha, Patricia Mosito, Mike Tleane, Dr. Tara Polzer Ngwato, Godwill Sibanda, Kenneth Treloar & Dr Moleboheng Mohapi

Photographers: Patricia Mosito and Lebogang Bogopane

Graphics: Tshepo Morobane

Layout, Design & Printing: Tiro Communications 082 77 360 77

## Melao ya Sefokeng e a somarelwa



Melao ya Sefokeng, ke projeke e ntšha eo e tla simololang monongwaga, ka fa tlase ga tsamaiso ya lefapha la dipatlisiso la Research and Planning le ka thuso le boitseanape jwa Human Sciences Research Council (HSRC). Projeke e ya dipatlisiso, e tla lebelela melawana ya setso, mekgwa le ditsela tseo go dirwang dilo ka gona mo tsamaisong ya morafe.

Go ya ka lefapha, maikaelelo magolo a dipatlisiso tse, ke go somarela melawana le setso sa Bafokeng, tseo di tla thusang le dikokomana tseo di tlang kwa morago. Dipatlisiso di tla lebelela gape tsamaiso fa gare ga ditheo tsa setso le tsa sesheng le go tlhaloganya ka moo di dirang le go golagana ka teng. Lefapha la taolo le tsamaiso le tla dirisa diphithelolelo tse, go bopa melawana e e totobetseng ya tsamaiso ya ditheo le mafapha otlhe a RBN, eo e tsepameng, e tiile e bile e kgethegile mo morafeng wa Bafokeng.

Ditheo le mafapha ao a tlleng go sekasekiwa, a akaretsa pitso ya Kgothakgothe, Supreme Council le Khansela ya Setso, Kgotlatshekelo ya Setso, Makgotla, Dikgosana gammogo le Tsamaisa ya Bogareng le ya Kgaolo le mafapha le ditheo tsotlhe tsa RBN. Ba lefapha la Dipatlisiso ba tiile go ungwelwa go le gontsi mo mafapheng a, le go tswa go baeteledipele le morafe ka kakaretso wa RBN, mme maloko otlhe a RBN a tiile go etelwa go tlhomamisa bonnete ba dipatlisiso tse. Dipotso tseo di tlleng go akarediwa ke ba dipatlisiso ke tse di tshwanang le gore: Re bomang re le Bafokeng? Re raya jang fa re re 'Ka Sefokeng'? Go bonnete bo le kae ka kakanyo ya rona ya setso sa segarona le ka mekgwa oo di dirisiwang ka teng? Ke eng se sentshwa seo re se bapisiwang le seo re se itseng go tswa kwa ga lowe? A go na le dintlha tseo di gaisanang jaaka bong ba motho gammogo le dingwaga? Melawana ya taolo ya mekgatlho ya Royal Bafokeng e tsamaisana jang le ya .... Mekgatlho ya setso e buwa jang le ya sesheng?

Dipatlisiso di tiile go tsaya sebaka sa ngwaga go simolola ka Ngwanatsele 2013 go fitlha ka Ngwanatsele 2014. Mekgatlho wa HSRC o tiile go tlhopa batho ba o ka buang nabo mo dikgaolong tsotlhe tsa RBN. Maloko a morafe a rotloediswa go dirisana le batho ba, le go ba ema nokeng ka go dumela go buisana le bona fa ba kopiwa jalo. Dintlha go ya ka botlalo di ka bonwa go tswa go:

Dr Moleboheng Mohapi, Research Manager, Research and Knowledge Management Department, RBA; Tel: (+27) 14 566 1451; Fax: +27 14 566 1303; Email: moleboheng.mohapi@bafokeng.com  
Dr Gerard Hagg, Project Manager, HSRC; Tel. 012 302 2626; Mobile: 082 560 6209; Email: ghagg@hsrc.ac.za.

# Puisano – a Conversation about RBA Service Provision



The Royal Bafokeng Administration (RBA) is committed to providing the best possible quality of services to citizens. At the end of 2012, the RBA conducted a survey to ask citizens about their expectations, perceptions and levels of satisfaction with regard to services provided by the RBA. This study is called the Puisano study, as it is about having a continuous conversation between the administration and its people about service provision. Similar surveys will be conducted annually to check whether the issues residents have identified are being addressed.

This article is the first of a series which will give feedback to the public on the findings of the 2012 Puisano survey. The findings are already being used by RBA agencies to plan their future work, and will be taken into consideration in RBA budgeting processes.

The information for Puisano was collected in October and November 2012 by interviewing the heads of 700 households from all regions of the RBN, selected to be representative of all residents of

RBN formal villages. The study was conducted by an independent research organisation – AfricaScope – and was commissioned and supervised by the RBA Department of Research & Knowledge Management and the Department of Community Relations.

**The following topics were covered in the survey:**

- Water
- Refuse
- Sanitation
- Energy
- Roads
- Library Services and Books
- Cemetery Upkeep
- Street Lighting
- Traditional Courts
- Public Safety
- Education Facilities
- Medical Services
- Traditional Government
- Business Services
- Agricultural Services
- Public Transport

Below is a list of the services with which people in the RBN are most satisfied:

- 89% of the households who have children in school are satisfied or very satisfied with the educational facilities on offer in the RBN.
- 79% of respondents are happy with water quality, although this still means that one in five residents has concerns about the water.
- Of the 87% of residents who benefit from weekly refuse removal, 90% are satisfied or very satisfied with the service.
- 81% of residents are satisfied or very satisfied with electricity provision
- 81% of respondents are satisfied or very satisfied with the frequency and punctuality of taxis in the area.

These are the services with which people in the RBN are least satisfied:

- Sanitation remains a major service need in the RBN. Of the 57% of households who have unventilated pit latrines, 58% are dissatisfied or very dissatisfied with their sanitation situation.
- 52% of respondents are dissatisfied or very dissatisfied with the accessibility of health services and 53% are not happy with the quality of medical services.

- 60% of respondents say that they are dissatisfied or very dissatisfied with the roads in the area.
- 55% of respondents say that they are dissatisfied or very dissatisfied with the street lighting service.

The provision of quality services is a complex and long-term process with many actors. In the RBN, some services are provided by the RBA while others are provided by the Rustenburg Local Municipality, by North West Province, by the National Government of South Africa or by a combination of these. Some services are provided for free, such as basic health care clinics, while others require the payment of fees by residents, such as water and electricity. The Puisano survey is therefore one of many on-going conversations between the RBA and morafe – through makgotla, Dumela Phokeng, Pitso ya Kgothakgothe and other channels – to ensure that everyone is informed about how service delivery works, who is responsible for what, and how we can all work together to improve our communities.

### RBA CALL CENTRE

The Royal Bafokeng Administration has set up a Call Centre to receive the emergency reports on the following:

- Water pipe bursts
- Sewer blockages
- Electricity faults
- Damage to the road infrastructure (hazardous to traffic)
- Traffic accidents
- Fire to buildings
- Crime
- Land invasion (squatting)
- Storms
- Veld fires
- Emergencies at schools

Should you experience any of the above, please call, Toll-free number: 0800 56 2020 or e-mail to [callcentre@bafokeng.com](mailto:callcentre@bafokeng.com)

## More teachers trained for Bafokeng schools



Eight Bafokeng students graduated from North West University (Potchefstroom campus) with Bachelor of Education degrees specialising in Foundation phase. The graduation ceremony was held on the 5th of March 2013. It was an exciting time for students who successfully completed their four year degree course.

All students, Itumeleng Diale, Tshegofatso Diale, Adell Lebabo, Portia Mahuma, Ofentse Makhuba Star Mthabela, Phemelo Ramogale and Koenane Thakalekoala, were selected through an interview process from Bafokeng high schools. In order to qualify for a Bachelors degree, it was a prerequisite for students to have a University entrance exemption.

Graduates will teach in Bafokeng schools for a minimum of four years. Koenane Thakalekoala is the first black male to graduate from foundation phase at the NW University. He is excited about his career and said he intends to study further to complete his honours degree.

"Though I was doubtful at first about studying teaching, my first practical changed all that as I developed great love for the kids". His advice to

the youth is to "exercise patience, be more determined and passionate", if they want to follow a career in teaching, Koenane elaborates. "It is not all about money but about sharing the knowledge and making a difference in children's lives".

Adell Lebabo, is another graduate who enjoys working with young children and inspiring them to become better people in society. Adell is teaching at Moremogolo Primary school, something that she says it's a dream come true for her as she has always loved the school. "I have always wanted to do something that puts a smile on my face, and working with the children does just that. Helping change someone's life makes me feel better", she said.

There are presently 46 students, at different levels, studying education at North West University, under Royal Bafokeng Institute (RBI) Student Loan Scheme.

Applications for study loans open every year in June and close at the end of September. For more information on RBI Student Loans Scheme, contact RBI on 014 66 1400.

# RBI Nursing School Commemorated

## TB AWARENESS DAY



The Royal Bafokeng Institute (RBI) Nursing School, in conjunction with Bafokeng Health and Social Development Services, commemorated World Tuberculosis Day (WTD). The theme for this year was "Getting to Zero" - Zero New HIV and TB Infections, Zero Discrimination and Zero TB and AIDS Related Deaths".

The event held on 20 March, was aimed at educating the community to recognise the signs and symptoms of TB and how they can access the treatment.

Forty-four community members were screened for TB, and two were referred to their nearest clinic. As one of the most important Health Calendar events celebrated worldwide, a number of activities were planned including; TB based drama performed by Health Care Worker students, TB screening by means of questionnaires and checking of blood pressure.

The RBI Nursing School was established in 2011. Students can enroll for the Health Care Worker course, which once passed with 75%, qualifies, the student to register for Auxiliary Nursing and thereafter Enrolled Nursing. The duration of each of the three levels is 12 months.

The first intake at the School was in February 2011 with 56 students, and the second intake was in June 2011 with 38 students, all funded through the RBN Student Loan Programme. During 2012, there were two intakes; one in March with 23 students (4 self-paying) and another in June with 38 students (10 self-paying). This year 55 students have been registered, of which 15 through the RBN Student Loan Programme and 40 self-paying.

To be registered for the Health Care Worker Course with the School, applicants need to have passed Grade 12 with an APS score of at least 20, excluding Life Orientation, if they need to be financially assisted with a Student Loan. Non-Bafokeng applicants and Bafokeng applicants who do not meet the set criteria but have a Grade 12 Certificate are self-paying. The Registration Fee is R3000, which is subject to annual change. Of the four groups that have completed courses, 60 students have registered for the Auxiliary Nursing programme.

World TB Day gave the nursing students the opportunity to raise awareness about the disease and the message they performed through the TB drama that TB is indeed curable was very clear. For more information: contact RBI on 014 566 1400.

# Exhibition of talent at Flea Market



With more than ten stalls, community members and shoppers at Bafokeng Plaza had all the reasons to spend their days at the flea market on the 22nd and 23rd of March. Non-Governmental Organisations (NGOs) were selling a wide range of items including clothing, food and traditional kitchen utensils to name a few.

The flea market was part of the NGO Programme under Royal Bafokeng Health and Social Development Services. The programme is aimed at alleviating poverty, reducing unemployment, developing skills, addressing health issues and responding to the local community needs. It also encourages people to showcase their talents through arts and crafts.





## Correctional Services' VOD Session came to Phokeng



The Royal Bafokeng Nation made available its Conference Centre for the hosting of the National Department of Correctional Services' Victim - Offender Dialogue (VOD) Stakeholder Engagement Session. The event, which took place on the 20th of March, was open to public and was graced by the attendance of the representatives from the Bafokeng Royal Family as well as top officials from government. The session at the Bafokeng Conference Centre forms part of the countrywide roadshows by the Department of Correctional Services aimed at promoting relations between victims of crime and the offenders through dialogue.

The nature of VOD, launched by the Minister of Correctional Services Mr Sibusiso Ndebele when he took office last year, requires spiritual intervention, hence the involvement of leaders from different religious beliefs. "We had a lot of pastors and traditional health practitioners

yesterday in Witbank, again in Polokwane two days ago, and I am glad we have a lot of them in our midst today", said Rev. Themba Vundla when outlining the purpose of the gathering. Rev. Vundla further indicated that in order for the VOD stakeholder engagement sessions to be successful, it would be vital to also secure the involvement of traditional leaders, municipal councillors and other public leaders.

Rev. Vundla facilitated the whole session and started by defining what an offender is in terms of the Correctional Services Act. He further emphasized that the department does not condemn offenders but actually correct and prepare them for reintegration into the society after they have been rehabilitated.

As per the VOD guidelines, indicated Vundla, a dialogue can be initiated by either a victim or an offender and this is facilitated by the Victim-Offender

Mediation Teams established to work with heads of correctional centres. Mayors and councillors were urged to keep record of offenders who are locked up from their respective areas so that it could be easier to trace them when a need for dialogue arises.

During the session, guests had the opportunity to hear two dialogues. The first dialogue was between a former offender who had served time for murder and the mother of the murdered, both from Mogwase. It was a very touching dialogue that left some attendees in tears. The other dialogue was between a man who had raped a woman back in 2005 and his victim.

The DCS also used the session to promote another initiative by Minister Ndebele, and that is the Reading for Redemption Programme. This programme aims to promote studying amongst inmates while they serve their time behind bars. This was outlined by Mrs Zoliswa Dlula.

# Child rape

## A community issue



There has been shocking reports of rape cases involving elderly women and children. This is clear that something has gone terribly wrong in our communities - for elderly people and children to be going through such trauma and violence. The SAPS crime report (2010/2011) shows 1287 rape and sexual cases were reported in Rustenburg including 274 cases reported at Phokeng Police station.

We had a discussion with Nokuthula Gumede, Trauma and Clinical Manager at Phokeng Trauma Centre to share with us the facts relating to child rape.

### Why Children?

Children are prone to being sexually violated because they are powerless, innocent and vulnerable. According to research most perpetrators of child rape are often related to their child victims.

**What are the signs that the parents, teachers, community members can look out for in children if they suspect abuse?**

Indicators and effects include depression, anxiety, eating disorders, low self-esteem, sleep disturbances, and dissociative and anxiety disorders including post-traumatic stress disorder. While children may exhibit regressive behaviours such as a return to thumb-sucking or bed-wetting, the strongest indicator of sexual abuse is sexual acting out and inappropriate sexual knowledge and interest.

Victims may withdraw from school and social activities and exhibit various learning and behavioural problems including cruelty to animals, attention deficit / hyperactivity disorder (ADHD), conduct disorder, and oppositional defiant disorder (ODD). Teenage pregnancy and risky sexual behaviours may appear in adolescence.

### How does rape and other sexual violence affect the children?

Child rape has serious impact on the victims such as physical impact, psycho-emotional impact as well as psycho-sexual impact.

Physical effects involve among others observable injuries, bruises and pain experienced. Sexual abuse may also cause infections and sexually transmitted diseases. Children also experience trauma, stress and depression and many other problems.

### How can we as the community assist the victims in talking about rape and dealing with it?

Communication and education about sex and sexuality is key nowadays as opposed to the past, where it was taboo to talk about sex to children.

Appropriate caregivers need to be very observant and probing in order to ensure children's safety and protection. Children should be taught continuously not to talk to strangers and to always walk in groups to and from schools.

Most importantly the society must stand together to fight this problem and make sure the victim gets immediate medical attention to prevent possibilities of getting infected with HIV/AIDS.

# community issue

## Some facts about rape

- 5 women will be raped within 10 minutes.
- The rapist is normally someone we know.
- 9 out of 10 rapes happen to women.
- Men are raped too.

## According to SAPS these are the steps to be followed in a case of rape

- Try not to panic.
- Common sense is your best defence.
- You cannot always defend yourself and your resistance may cause serious injury.
- If the attacker is dangerous, cooperate and try to negotiate.
- Submission is not consensual.
- Try and remember what the attacker looks like - his age, race, height, hair colour, scars, tattoos, clothes, voice, jewellery.
- Scream, yell, blow your whistle or run away if you possibly can.
- Do not bath or change your clothes after an attack.
- Keep all the evidence so that it can be used by the police for further investigation.
- Report the crime to the Police Service straight away: go to the police station or phone 10111.

### Who can I contact?

Contact your local police station or :

SAPS Emergency Services 10111

SAPS Family Violence,  
Child Protection and  
Sexual Offences Unit,

Head Office, Pretoria (012) 393-2363 (012) 393-2363 FREE

SAPS Crime Stop 08600 10111

Women Abuse Helpline 0800 150 150 0800 150 150 FREE

Childline 0800 055 555 0800 055 555 FREE

AIDS Helpline 0800 012 322 0800 012 322 FREE or  
(011) 725 6710 (011) 725 6710 FREE



**Phokeng Trauma Centre**  
...care and support U need.

(Satelites: Phokeng, Boitekong, Mfidike)

**VICTIM EMPOWERMENT PROGRAMME**

SUPPORTING SURVIVORS OF RAPE,  
DOMESTIC VIOLENCE,  
HUMAN TRAFFICKING, AND TRAUMA

**RELATED INCIDENTS:**

- Trauma related stress (counselling and therapy)
  - Community awareness campaigns
    - School presentations
  - Education and victim support
    - Trauma related training
      - Referral services
  - Overnight shelter for survivors of rape, domestic violence and child neglect

**Tel/fax: 014 566 1722, Fax: 086 671 0669,  
Cell: 078 888 4937  
Email: admin@phokengtc.org.za**

# Unique Glass Beads



Unique Glass Beads Project Co-operative was formed by five women as a hobby. Through the advice of the Principal of Maiteko Abet Centre in Mogono, the women managed to register a company and are now operating from the primary school in the village.

The women recycle glass which they collect from the streets in and around their village. "We collect different types of glasses like bottles or broken plates and window panes which we use to make glass beads", said one member of the group. The pieces of glass are melted onto rods using high temperature flame.

Depending on the design of the beads, the glass is shaped while hot to the designer's required size and shape. All beads are individually made for perfection; making beautiful accessories in the form of necklaces, beads, earrings, key rings, handbag charms etc.

As they were struggling with funds, North West Department of Education came to their rescue by making funds available to expand their operation in the village. Today, they are selling most of their products to members of the community as well as in flea markets.

In addition, Rustenburg Local Municipality provided them with machinery to crush bottles including the oven to dry out the material. Mintek also, provided them with office equipment, materials to melt the glass and technical training skills.

The Unique Glass Beads is among the 40 other community based organisations in the Bafokeng which do not really make profit but depend on donations to survive. To help them manage their business, Siyakhula Trust, through Royal Bafokeng's Health and Social Development Services is currently offering them skills training.

# Lekgotla la Mogono le keteka le bagodi



Bagodi ba Mogono ba ne ba thologile ka bontsi go tla moletlong wa tebogo o o neng o rulagantswe ke lekgotla la Mogono. Lamatthatso wa di 23 Mopitlwe e nnile o itumedisang thata mo bagoding le baagi ka kakaretso kwa holong ya morafe.

Bagodi ba amogetse dikobo e le go lebogelwa seabe sa bona mo morafeng. Kgosana Mojalefa Mogono a re o dirile se, go bontsha tlotlo le lerato mo bagoding, le go lemosa botlhe botlhokwa jwa bagodi mo tsamaisong le kgodiso ya malapa mmogo le mo setshabeng.

Go totobatsa botlhokwa jwa bagodi, ntatemogolo Nkoto Rapoo wa dingwaga di le 85, o ne a arogana kitso ya gagwe ka ga motse wa Mogono le baagi, a simolola ka go tthalosa kwa ba tswang teng, go fitlha ba bo ba ipitsa boNtsatsi, le motse go bidiwa

ka moetelediele wa bona ntatemogolo Mogono. Se e nnile thuto e ntle go botlhe go itse semelo sa bona le go se tlhokomela.

Sengwe se baagi ba neng ba se itumelela, ke seabe se basadi ba nang le sona mo tsamaisong ya lekgotla la motse wa bona. Mme Matlala Tsitsi yo e leng molekgotla, ene o ne a bua ka boikgantsho ka lekgotla la bona ka fa tlase ga boeteledipele jwa ga Kgosana Mogono, a itumelela go bo ba akareditswe mo tsamaisong ya lekgotla jaaka basadi, e bile ba simolola go bona tswelopele mo motseng wa bona.

Bagodi ba boetse gae ba itumetse, mongwe le mongwe a tshotse kobo, le dijo le tsona ba di filwe go wetsa moletlo. Kgosana Mogono o ne a leboga thata ba Buck and Nicks Construction Company, bao ba etleeditseng moletlo ka dijo.

# Students with valour



It was a proud moment filled with joy and excitement when students with disabilities graduated on Friday the 15th of March. More than a hundred guests gathered at Phokeng cinema to celebrate with eleven Phokeng in Education College students, who successfully completed level 1 course with South African Sign language Institute (SASLI).

Phokeng in Education (PHiE) is an independent training and skills development service provider which specializes in Braille studies, South African Sign language (SASL) Training and Information and Communication technology (ICT) training for disabled Youth, Partially sighted, Blind, Hard of Hearing and Deaf persons.

In his welcome speech, Mogotsi Motsielwa, Director of Strategic Planning and Monitoring at the school, highlighted the theme for the day - saying the school bestows dignity to the students and gives them the necessary foundation, education and independence to make their own choices.

The high achieving students received certificates for success on theoretical courses and one year experiential training in sign language and braille. Special awards were also presented to students for exceptional achievement and teachers for their hard work in teaching the mainstream education.

The overall best student, Gillian Sepharagattha could not contain her excitement. She came tops as the overall best student. "It is such an honour for me, I didn't expect to get it again but I'm very proud. She implored other people especially those

with disabilities to rise to the challenge of improving their own lives with education. Her advice to others is - "if you want something, work hard and you will get it". Sepharagattha is married with two kids. She said she will work hard to realise her dream of being a social worker one day.

She is also among the top three students in Braille with Mmasego Pule and Gerald Shuping. Deaf and blind students who emerged as SASL Top Students include; Lucky Reuben Molefe, Patricia Mdaka and Sophy Kau. Other graduates were Tshimane Reuben Ramorwa, Mabasia Anna Mofolo, Bethuel Tshiwana Molemela, Kedibone Christina Madibeng, Letlhogonolo Felicia Phetoe and Elsie Thuto Tshwagong.

The graduates completed the theoretical course and experiential training conducted over a year in different workplaces. The students now qualify to continue their studies at any FET college or to put their skills to use in any workplace.

PHiE CEO and founder, Sinah Motsielwa conferred the certificates and the awards. She thanked her students for their commitment to their studies and the teachers for their courage "All students receiving their certificates today should be extremely proud of their achievements and I wish them every success in the future", she said.

Over 100 attendees were present at the ceremony, including students, their families and friends, and College staff. Live entertainment from music to poetry was supplied by talented students.

## PHIE SERVICES

- SASL (South African Sign Language) Basic Sign Language Training
- SASL Interpreter Training Programme
- Braille Studies
- Microsoft Office Specialist (MOS)
- Community Outreach Programs
- Counseling
- Orientation and Mobility Services
- Braille Printing Services Interpreting Services

For more information on the duration of the different services, contact the school at Bafokeng Plaza; or 014 566 5050



*Khay G.M. Molobye  
P.O. Bafokeng  
Mokone.*

*Ke khwala a khosa e go  
Rhotofala ga 'maetšo a jhale  
me fela tsa kene ke se  
teng ho goe kene kene ke  
R. G. M. Molobye, P.O. Bafokeng, Moko  
ke Khay G.M.*

*ke khwala a khosa e go  
ga ke seke ke bonala me  
'khithone ea matšo.*



*Dear Mrs. Molobye*

*Dear Mrs. Molobye  
P.O. Bafokeng  
Mokone*

*unable to come on Tuesday day  
without involved in playing  
with children  
see to Saturday*

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Khumo Molobye (Archivist)

Email: [archives@bafokeng.com](mailto:archives@bafokeng.com)

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# Kutlwanong Day

**RBN Administrators Forum**



The RBN Administrators Forum recently embarked on a community involvement project as part of executing its vision and mission. The project involved members raising funds for the project as well as spending months planning for what would eventually turn out to be a most gratifying day.

The aim of the project was to spend quality time and to interact with the elderly of Kutlwanong Old Age Home and to do something special as a kind gesture for this community.

Funds were raised to purchase duvet covers and pillow cases to brighten up rooms and to keep bodies warm as winter approaches. Forum members were divided up into teams, where each team was allocated a task or activity such as cleaning of rooms, ironing piles of clothing, doing exercises, massaging or even hair grooming. The Bafokeng Field band provided entertainment to forum member and the community.

Residents participated enthusiastically and it was evident that everyone had a great time! The morning ended with a delicious lunch served to the elderly.

This event would not have been possible if it were not for the generous donations from the following sponsors: Dikapi Cleaning Services, Maitseanape Cleaning Services, Tronkon, CP de Leeuw, LT Services, Itumeleng Aircon. & Refrigeration, DOTI, MMQS, UMBRO and the support from RBN Management.

The RBN Administrators' Forum hopes to embark on similar community projects in the future.



## **Thhokomela - Tiriso e bothaswa ya diritibatsi e iphile maatla**

Bontsi jwa basha bo tseeneletswe ke sera seo se koafatsang maphelo a bona. Mo malatsing a, dipego di tlhalosa fa basha ba dirisa diritibatsi mo go feteletseng. Dingwe tsa tseo di lemogilweng, ke dilo di tshwana le glue gammogo le spray sa go apaya (cooking spray). Tse ke dilo tseo di bonwang bonolo fela mo mabenkeleng. Joseph Marumong wa kantoro ya diritibatsi mo lefapheng la tshireletsego le pabalesego la RBN o tlhalosa jaana:

### **Goreng di dirisiwa ke bana go le gantsi**

Di bonwa bonolo mme gape ga di batle madi a le mantsi. Bana le bona ba nagana gore o ke ona mokgwa wa go dira gore motho a nne a itumetse a le bale ka mathata ao a nang nao.

### **Ke diphetogo dife tseo di tliwang ke dilo tse mo mmeleng wa motho**

- Go senyega ga leruri ga boboko kgotsa go latlhegelwa ke tlhaloganyo
- Go latlhegelwa ke go utlwa
- Go tswa madi ka dinko kgotsa go latlhegelwa ke go nkgenkgella dilo
- Bolwetse ba pelo boo bo ka tliang lesa
- Go feroga dibete le go tlhatsa
- Go senyega ga sebetse
- Go sa kgone go itshoka ka moroto le mantle
- Go utlwa ditlhabi mo maleng

### **Matshwao ao o ka a bonang fa motho a dirisa diritibatsi tse bothaswa**

- Go ngala go go feteletseng le go fela pelo
- Go latlhegelwa ke keletso ya dijo
- Go tlhatsa go go feteletseng
- Matlho a a lepeletseng kgotsa ao a tletseng metsi
- Go tswa mamina le go gotlholo go go feteletseng

**Fa o lemoga bothata jo mo ngwaneng , ikgolaganye le kliniki e e gaufi le wena, kgotsa lefapha la Diritibatsi kwa Royal Bafokeng Administration.**

**Tel no : 014 566 1256, josephm@bafokeng.com**



## **Say NO to drugs for better life**

A new drug called Khat (socialism drug) has arrived on our door steps. Khat is a plant containing a monoamine alkaloid called Cathinone and amphetamine like stimulant. This drug is about 10 cm long containing about 15 leaves, the leaves are green on top and maroon-reddish in the back. The stem is green and maroon-reddish and about 20mm in size.

Dealers pack it in groups and use elastic to group the stems together. It is chewed raw preferably fresh.

Signs and symptoms of the user will be drinking excessive liquids and an increase in communication even to those not so familiar to the user.

It causes among others

- loss of appetite
- Euphoria
- Constipation
- Negative impact on the liver functions
- Permanent tooth deterioration ( greenish tinges)
- Loss of voice

For more information or to report drug trafficking please contact Mr. MJ Marumong on 014 566 1256 during office hours or 083 947 7994 after hours. The information supplied will be treated with high confidentiality

# Ikwadiso ya 2014 e buletswe.

Applications for 2014 are open.



**LEBONE II**  
College of the Royal Bafokeng



Mephato/Grade : R, 7, 8, 9 & 10

**Letlha la bofelo: 31 Motsheganong 2013**

Diforomo di ka boriwa kwa: Lebone II College (07h30 – 16h00) kgotsa [www.lebonecollege.co.za](http://www.lebonecollege.co.za)

Tshedimosetso go ya pele e ka bonwa go: Mme Vera Mataboge, 014 566 1560/10, [admissions@lebonecollege.co.za](mailto:admissions@lebonecollege.co.za)

**Closing date: 31 May 2013**

Application forms can be collected from the school: 07h30 – 16h00 or downloaded from the website at [www.lebonecollege.co.za](http://www.lebonecollege.co.za)

For further info contact: Mrs Vera Mataboge, 014 566 1560/10 [admissions@lebonecollege.co.za](mailto:admissions@lebonecollege.co.za)



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1147, Motsatsi Street, Tlhabane, 0305

# Lebone II College Hockey Teams Tour Argentina

“because travel is the university of life!”



Hockey at Lebone has come a long way and looking ahead their is great potential for this sport. However, despite many challenges, the hockey department managed to organise a high-calibre tour of Argentina which would further improve hockey at the school, as well as prepare the senior players for their 2013 season.

Being one of the most vibrant and wonderful schools around, it would only seem fit if some of their sterling athletes and students were to represent Lebone II overseas - the tour proved to be an excellent catalyst for growth; with regards to both the players' personal lives, as well as their hockey skills.

In order to make the hockey tour a success in Argentina, it took four collective years of mental and physical preparation, of which one year was dedicated to intensive fundraising. It is through the hard work and dedication of the hockey coaches, staff, parents, supporters and students that made this trip to Argentina

phenomena. It was an honour for Lebone's hockey teams to represent their school, the Bafokeng Nation and South Africa in Argentina for the first time in the school's history.

The tour group not only played hockey matches but also had hockey training days, as well as sight-seeing tours where they were exposed to the rich history, culture, and wonderful landscapes Argentina has to offer. Players enjoyed Tango shows, visits to cathedrals, shops and monuments, as well as participating in hiking and abseiling in the countryside. Matches were played in the Cities of Mar del Plata and Buenos Aires against both high school and club teams.

The Boys Team did well to score three goals during their tour, and they played gallantly to challenge every team they game up against. The Argentinean hockey teams came out too strong for them and they unfortunately could not secure a win in any of their matches - but the tour objective was to create a cohesive squad and to improve the standard of Lebone II's hockey by playing against and observing teams

who play highly competitive hockey - and so with that said, the boys' campaign abroad was in hindsight a success.

When taking into account the tour objective, the Girls Team also came out with success as their hockey improved in leaps and bounds with every match. They did especially well in an International Schools hockey festival in Buenos Aires, where they drew a match, and also put up a great game against the top goal scoring side of the tournament in one of their last matches - a narrow loss against fantastic players.

The boys and girls teams enjoyed overall good performance in Argentina, and many (if not all) of the players have gained so much from their experience abroad.

The Argentina tour was an experience which would not have been possible without the aid of the tour support staff; players' parents; the Fundraising Committee; the Bafokeng community; individual supporters; the various small contributors and most especially Amabokoboko Clothing and Royal Bafokeng Platinum Mine. So to all of you, a very heartfelt and sincere "thank you!"

For a complete report on the hockey tour, including player profiles, tour schedule, gallery, videos, support staff information, and more: visit the official tour blog at: [Lebonehockeyarg.blogspot.com](http://Lebonehockeyarg.blogspot.com)